

Welcome to the Park Wrekin Preschool. We hope you and your budding little gymnast have a fabulous time with us. Our Preschool offers a variety of classes to suit all. **Hopping Hares** (2-3 years), **Swinging Monkeys** (3 years to school age) and **Exploring Elephants** from 6months.

Hopping Hares

This is a semi-structured class, adult accompanied, aimed at preparing your little ones for their independent gymnastics classes in Preschool and Beginners as they progress.

Parents and Carers will assist their children in the class, guiding them around and helping them on each piece of apparatus to allow children to become familiar and comfortable in the environment. This class is a great way to help Pre Schoolers understand how their class will work when they attend without a parent.

Swinging Monkeys

These fun, energetic gymnastics sessions are independent, structured classes for little ones aged 3 years to school age. These Preschool sessions are creative, themed hour long sessions and are a great way for your little ones to exercise in a safe environment whilst also having fun and learning new skills.

Not only do these classes promote a healthy lifestyle from a young age, they also encourage imagination, creativity, and develop vital motor skills in balance, strength and coordination.

Exploring Elephants

This a drop-in open free play for 6mths+ to get used to the gym environment – ask at reception for times.*

Payment & general information:

The Swinging Monkey and Hopping Hares sessions are paid by monthly subscription. An invoice is emailed each month and payment can be made by bank transfer, cash or card at reception. All fees must be paid within the first 7 days, or your child may lose their place.

Upon joining Preschool all members must take out British Gymnastics membership. This amongst other benefits, ensures each gymnast has the required level of insurance to take part in our activities. Please visit: www.british-gymnastics.org/membership

Children should come dressed in leggings/shorts and a top or leotard, dresses with tights are not permitted as the child may slip on some of the apparatus and loose clothing can get caught. Please note, we do not allow food or drink to be taken into the gymnasium

During the swinging monkey class we do ask that parents leave the gym and watch from the viewing gallery in the café. We understand that children of such a young age may be nervous and we are flexible at the start with parents settling them in, but we ask that you do make your way out of the gym asap to ensure the smooth running of the class. Parents are asked to remain in the building and our coaches will call upon you if assistance is required – toileting etc.

Regular communications will be sent via email so please ensure you keep your records up to date.

Please follow us on Facebook **Park Wrekin Preschool Gymnastics** to keep up to date with all the latest information.

If you have any questions please feel free to contact jemmaparry@parkwrekin-gymclub.com